**For release, January 19, 2024 at 10:00 a.m. CT**

**January National Girls High School Team Rankings released: Wyoming Seminary (Pa.) is No. 1, Toppenish (Wash.) is No. 2**

The committee which selects the National Girls High School Rankings for individual athletes, which includes representation from USA Wrestling, FloWrestling and the National Wrestling Hall of Fame and Museum, has published its **January 2024 National Girls High School Team Ranking**.

This ranking includes public and private schools at the high school level from all states, including states with official girls state championship events as well as those with unofficial girls state championships.

Once again, the committee has named the Top 40 high school teams in the nation and expanded its honorable mention list to 30 teams.

Retaining its No. 1 ranking in January is defending Prep National champions **Wyoming Seminary** (Pa.), which has 10 nationally ranked wrestlers in their lineup, and recently placed fifth at the Midlands, competing against college teams. Moving up to No. 2 is **Toppenish** (Wash.), which has won every tournament it has entered so far, including titles at respected events including the Reno Tournament of Champions, Gut Check and the Braided 64.

Moving up a spot to No. 3 is **SLAM Academy** (Nev.), which recently won the Women’s West Coast Tournament of Champions and placed second behind Toppenish at Gut Check. Moving into the No. 4 position is **Gilroy** (Calif.), runner-up at the Reno TOC and third at the Napa Valley Girls Classic. The new No. 5 team is **Cleveland** (Tenn.), winner of the Girls Knockout Christmas Classic among other events.

Rounding out the top 10 teams are No. 6 **Harrison** (Ohio), No. 7 **Nixa** (Mo.), No. 8 **Allen** (Texas), No. 9 **Lubbock Cooper** (Texas) and No. 10 **Walnut** (Calif.)

The first two girls state high school championships of the season have been held since the last ranking, and both state champion teams have moved into the Top 40, No. 16 **New Haven** (Ind.) and No. 29 **Soldotna** (Alaska).

There are 34 states represented in the January ranking. **California** has the most ranked teams with five, while **Oklahoma**, **Texas**, **Tennessee**, **Iowa**, **Pennsylvania** and **Arizona** each have four ranked teams.

The committee will have two more team rankings this season, in February and the final rankings in March.

In order to grow this program, we need more input from coaches, parents, administrators, journalists and fans to have the strongest and most accurate rankings possible. If you believe a team should be ranked, please provide detailed information to the committee, including team roster and results for the season. Please send all information via email to girlsrankings@usawrestling.org

**NATIONAL GIRLS HIGH SCHOOL TEAM RANKINGS**

**Published January 19, 2024**

**Rank/Team (State) (December ranking)**

1. Wyoming Seminary (Pa.) (1),

2. Toppenish High School (Wash.) (3)

3. SLAM Academy (Nev.) (4)

4. Gilroy High School (Calif.) (HM)

5. Cleveland High School (Tenn.) (8)

6. Harrison High School (Ohio) (2)

7. Nixa High School (Mo.) (24)

8. Allen High School (Texas) (9)

9. Lubbock Cooper High School (Texas) (25)

10. Walnut High School (Calif.) (HM)

11. Broken Arrow High School (Okla.) (HM)

12. Lebanon High School (Mo.) (12)

13. Canon-McMillan High School (Pa.) (26)

14. Pomona High School (Colo.) (HM)

15. Cumberland Valley High School (Pa.) (NR)

16. New Haven High School (Ind.) (NR)

17. Union High School (Okla.) (11)

18. Hernando High School (Fla.) (35)

19. Uintah High School (Utah) (39)

20. Northview High School (Calif.) (37)

21. Liberty High School (Ariz.) (5)

22. Flower Mound High School (Texas) (NR)

23. Olentangy Orange High School (Ohio) (20)

24. Orlando Freedom High School (Fla.) (38)

25. Bixby High School (Okla.) (10)

26. Sunnyside High School (Ariz.) (28)

27. Edmond North High School (Okla.) (13)

28. Moanalua High School (Hawaii) (34)

29. Soldotna High School (Alaska) (NR)

30. Blair Academy (N.J.) (30)

31. Apple Valley High School (Minn.) (18)

32. Chatfield High School (Colo.) (21)

33. Decorah High School (Iowa) (HM)

34. Dodge City High School (Kansas) (NR)

35. Curtis High School (Wash.) (HM)

36. Clarksville High School (Tenn.) (HM)

37. Omaha Westside High School (Neb.) (NR)

38. Pierre T.F. Riggs High School (S.D.) (22)

39. Bismarck High School (N.D.) (23)

40. Billings Senior High School (Montana) (29)

**Honorable Mention**

Azle High School (Texas) (HM)

Baldwin High School (Hawaii) (NR)

Basha High School (Ariz.) (NR)

Bishop McCort High School (Pa.) (36)

Cedar Falls High School (Iowa) (NR)

Daphne High School (Ala.) (32)

Central Grand Junction High School (Colo.) (NR)

Grand Island High School (Neb.) (NR)

Grantsville High School (Utah) (HM)

Hillcrest High School (Calif.) (NR)

Holmen High School (Wis.) (NR)

John H Pitman High School (Calif.) (NR)

La Grande High School (Ore.) (NR)

Lakewood High School (N.J.) (NR)

Liberty High School (Mo.) (HM)

Montgomery Central High School (Tenn.) (33)

Mt. Blue High School (Maine) (HM)

Northwest High School (Tenn.) (40)

Pennsauken High School (N.J.) (NR)

Phillips Andover Academy (Mass.) (HM)

Racoon River Northwest High School (Iowa) (NR)

Reed High School (Nev.) (HM)

Searcy High School (Ark.) (27)

Star Valley High School (Wyo.) (HM)

Taylor County High School (Ky.) (HM)

Thunder Ridge High School (Idaho) (NR)

Thurston High School (Ore.) (NR)

Valiant College Prep (Ariz.) (31)

Washburn Rural High School (Kansas) (19)

Waverly-Shell Rock High School (Iowa) (16)